APA Referencing (7th ed.): A brief guide   *Updated 20 June 2022*

What is referencing?

Referencing is acknowledging the source/s of the information, ideas, words, and images you have used in your assignment. You use referencing to distinguish between your ideas and words and those that belong to other people; to support what you are writing by referring to evidence; to enable readers to investigate ideas they find interesting/useful; to show your tutor exactly which sources you have read; and to avoid plagiarism.

There are different styles of referencing. EIT uses the American Psychological Association (APA) referencing style.

Referencing has two parts, **in-text citations** and a **reference list** at the end of your assignment.

In-text citations

An in-text citation is in the body of your assignment and can be either a paraphrase or quotation.

Paraphrasing is putting in your own words what the author has written. When paraphrasing, there are two ways you can reference: the author's name can be incorporated in your text or included in brackets with the year of publication.

In-text citation paraphrasing examples

> Van der Ham (2016) stresses the fundamental importance of education to society.
>
> **OR**
>
> Central to modern society is a belief in the importance of education (van der Ham, 2016).

Quoting is copying the author's exact words. When quoting, there are two ways you can reference: the author's name can be incorporated in your text, or can be included in brackets with the year of publication and the page number.

In-text citation quoting examples

> "We all know that educational activity is central to society" (van der Ham, 2016, p. 1).
>
> **OR**
>
> Van der Ham (2016) claims that, "We all know that educational activity is central to society" (p. 1).

The reference list

- The reference list should be on a separate page at the end of your assignment with the title "References" centered at the top, and in bold.
- All authors' names begin with the surname(s), followed by their initials. If there is no author, place the title in the author position.
- The list is to be in alphabetical order.
- Use hanging indents to format your references.

Example of a reference list

References

Barkway, D., & O'Kane, D. (2020). *Psychology: Introduction for health professionals.* Elsevier.

Hunt, E. (2019, Spring). Dig your heels in. *Fashion Quarterly*, 45.

McElrea, F., & Thompson, D. (2019, November). Our traditional criminal justice system. *The New Zealand Law Journal,* 378–383.

Authors

All authors' names begin with the surname(s), followed by their initials.
If there is no author, place the title in the author position.

One author	Diclemente, C. C. (2018). *Addiction and change: How addictions develop and addicted people recover* (2nd ed.). The Guildford Press.
Two authors	McElrea, F., & Thompson, D. (2019, November). Our traditional criminal justice system. *The New Zealand Law Journal,* 378–383.
3 to 20 authors (list all authors)	Lamastra, L., Balderacchi, M., Di Guardo, A., Monchiero, M., & Trevisan, M. (2016). A novel fuzzy expert system to assess the sustainability of the viticulture at the wine-estate scale. *Science of the Total Environment*, 572, 724–733. https://doi.org/10.1016/j.scitotenv.2016.07.043
No author	New Zealand's 'most instagrammed' spot overrun by illegally parked cars. (2019, November 21). *New Zealand Herald*. https://www.nzherald.co.nz/travel/news/article.cfm?c_id=7&objectid=12287034

JOURNAL ARTICLE – PRINT

Author | Year of publication | Article title | Journal title in italics | Volume in italics | Issue

Foxall, D. (2013). Barriers in education of indigenous nursing students: A literature review. *Nursing Praxis in New Zealand*, *29*(3), 31-37. ← Page(s)

Note: Include the DOI after the page numbers if one is given.

JOURNAL ARTICLE – ONLINE WITHOUT DOI

Author | Year of publication | Article title | Journal title in italics | Volume in italics | Issue | Pages

Stanton, R. (2019). Dyslexia and oral skills: A student's journey. *ATLAANZ Journal*, *4*(1), 55-70. https://journal.atlaanz.org/index.php/ATLAANZ/article/view/63/112 ← URL

JOURNAL ARTICLE – ONLINE WITH DOI

Author(s) | Year of publication | Article title | Journal title in italics | Volume in italics | Issue | Pages

Issel, L. M., Bekemeier, B., & Kneipp, S. (2012). A public health nurse research agenda. *Public Health Nursing*, *29*(4), 330-342. https://doi.org/10.1111/j.1525-1446.2011.00989.x ← DOI

Note. Write the word Article and then the article number where an article number is given in place of page numbers. Include a DOI in the format https://doi.org/...

BOOK WITHOUT DOI

Author(s) | Year of publication | Book title in italics | Publisher

Barkway, D., & O'Kane, D. (2020). *Psychology: Introduction for health professionals.* Elsevier.

BOOK WITH DOI

Author(s) | Year of publication | Book title in italics

American Psychological Association. (2020). *Publication manual of the American Psychological Association: The official guide to APA style* (7th ed.). https://doi.org/10.1037/0000165-000 ← DOI

Note: This example does not have a publisher as the publisher is the same as the author.

ONLINE BOOK

Author(s) | Year of publication | Book title in italics | Publisher

National Health Committee. (2015). *The introduction of fit for purpose omics-based technologies–Think piece*. Ministry of Health. https://www.health.govt.nz/publication/introduction-fit-purpose-omics-based-technologies-think-piece ← URL

Note: Include a DOI if one is given in place of the URL.

CHAPTER IN AN EDITED BOOK

Chapter Author | Year of publication | Chapter title | Don't forget "In" | Book Editor(s) | Book title in italics

Chand, N. (2019). Standardized turmeric and curcumin. In R. C. Gupta, A. Srivastava, & R. Lall (Eds.), *Nutraceuticals in veterinary medicine* (pp. 3-24). Springer. https://doi.org/10.1007/978-3-030-04624-8

Chapter pages | Publisher | DOI

WEBPAGE

Author | Year of publication | Web page title | Website name | URL

Cuncic, A. (2019). *The Mandela effect.* Verywellmind. https://www.verywellmind.com/what-is-the-mandela-effect-4589394

NO DATE

Include (n.d.) in place of the publication date.

Author | No date | Web page title | Website name | URL

Kalter, L. (n.d.). *Ducks & more: Animals offer flyers emotional support.* WebMD. https://www.webmd.com/balance/stress-management/news/20191125/ducks-more-animals-offer-flyers-emotional-support