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Agreeing and Disagreeing in English



Sooner or later you will get the urge to agree or disagree with something that is being said in English. Offering an opinion can be difficult when it is not in your first language. You may know exactly what you want to say in your native tongue, but are unsure of how to express your views in English.

You may also worry that your words will not come out properly or that you might hurt someone's feelings by being too forward. Although it is easier to sit back and say nothing at all, you will become bored or frustrated if all you can do is nod your head *yes* or shake your head *no*, especially if you have a strong opinion about something.

The best thing to do is to learn and practice some common expressions that are used in discussions and debates. For example, there is a difference between agreeing strongly or only slightly.

Stating an opinion	 In my opinion The way I see it If you want my honest opinion According to Lisa As far as I'm concerned If you ask me
Asking for an opinion	 What's your idea? What are your thoughts on all of this? How do you feel about that? Do you have anything to say about this? What do you think? Do you agree? Wouldn't you say?

Expressions for Agreeing and Disagreeing





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Expressing agreement	 I agree with you 100 percent. I couldn't agree with you more. That's so true. That's for sure. (slang) Tell me about it! You're absolutely right. Absolutely. That's exactly how I feel. Exactly. I'm afraid I agree with James. I have to side with Dad on this one. No doubt about it. (agree with negative statement) Me neither. (weak) I suppose so. /I guess so. You have a point there. I was just going to say that.
Expressing disagreement	 I don't think so. (strong) No way. I'm afraid I disagree. (strong) I totally disagree. I beg to differ. (strong) I'd say the exact opposite. Not necessarily. That's not always true. That's not always the case. No, I'm not so sure about that.
Interruptions	 Can I add something here? Is it okay if I jump in for a second? If I might add something Can I throw my two cents in? Sorry to interrupt, but (after accidentally interrupting someone) Sorry, go ahead. OR Sorry, you were saying (after being interrupted) You didn't let me finish.
Settling an argument	 Let's just move on, shall we? Let's drop it. I think we're going to have to agree to disagree. (sarcastic) Whatever you say. /If you say so.