**Dr. S. CHOUCHANE**

**First-Year Oral Expression Module**

**Academic Year: 2024-2025**

**Lesson 11**

**Idioms and Phrasal Verbs**

**Susan Stays Home and Bakes Cookies**

**Susan decides to cheer up her husband. Bob loves her homemade cookies. Nicole suggests she start a cookie business.**

**Susan:** Bob, I baked cookies for you.

**Bob:** That was so nice of you, dear. You've got a ***heart of gold***!

**Susan:** Go ahead and ***pig out!***

**Bob:** These are delicious!

**Susan:** I thought they might ***cheer you up***. You've been ***in a bad mood*** lately.

**Bob:** I guess I have been a little ***on edge***. But these cookies are ***just what the doctor ordered***!

**Nicole:** Do I smell cookies?

**Susan:** Yes, Nicole. ***Help yourself***.

**Nicole:** Yum-yum.\* These are ***out of this world***. You could ***go into business*** selling these!

**Bob:** You could call them Susan's Scrumptious Cookies. You'd ***make a bundle***.

**Susan:** ***Good thinking!***

**Nicole:** Don't forget to ***give me credit*** for the idea after you're rich and famous!

**Susan:** You know I always ***give credit where credit is due!***

*\* Yum-yum: this is said when something is delicious. You can also say "mmm, mmm" or "mmm-mmm, good."*

**IDIOMS**

* **(to) cheer someone up**

**→** to make someone happy

EXAMPLE 1: Susan called her friend in the hospital to **cheer her up**.

EXAMPLE 2: My father has been depressed for weeks now. I don't know what to do to **cheer him up**.

NOTE: You can tell somebody to "Cheer up!" if they are feeling sad.

* **(to) give (someone) credit**

**→** to acknowledge someone's contribution; to recognize a positive trait in someone

EXAMPLE 1: The scientist **gave his assistant credit** for the discovery.

EXAMPLE 2: I can't believe you asked your boss for a raise when your company is doing so poorly. I must **give you credit** for your courage!

* **(to) give credit where credit is due**

**→** to give thanks or acknowledgement to the person who deserves it

EXAMPLE: I will be sure to thank you when I give my speech. I always **give credit where credit is due**.

* **(to) go into business**

**→** to start a business

EXAMPLE 1: Jeff decided to **go into business** selling baseball cards.

EXAMPLE 2: Eva **went into business** selling her homemade muffins.

* **good thinking**

**→** good idea; smart planning

EXAMPLE 1: I'm glad you brought an umbrella — that was **good thinking!**

EXAMPLE 2: You reserved our movie tickets over the Internet? **Good thinking!**

* **(to) have a heart of gold**

**→** to be very kind and giving

EXAMPLE 1: Alexander **has a heart of gold** and always thinks of others before himself.

EXAMPLE 2: You adopted five children from a Romanian orphanage? You've got a **heart of gold**!

* **Help yourself**

**→** serve yourself

EXAMPLE 1: "**Help yourselves** to cookies and coffee," said Maria before the meeting started.

EXAMPLE 2: You don't need to wait for me to offer you something. Please just **help yourself** to whatever you want.

NOTE: Pay attention to the reflexive form: Help yourself in singular, help yourselves in plural.

* **(to be) in a bad mood**

**→** unhappy; depressed; irritable

EXAMPLE 1: After her boyfriend broke up with her, Nicole was **in a bad mood** for several days.

EXAMPLE 2: I don't like to see you **in a bad mood**. How can I cheer you up?

* **just what the doctor ordered**

**→** exactly what was needed

EXAMPLE 1: Martin wanted a hot drink after spending the day skiing. A cup of hot cocoa was **just what the doctor ordered**.

EXAMPLE 2: Our trip to Florida was so relaxing. It was **just what the doctor ordered**!

* **(to) make a bundle**

**→** to make a lot of money

EXAMPLE 1: Bob's friend Charles **made a bundle** in the stock market and retired at age 45.

EXAMPLE 2: Sara **made a bundle** selling her old fur coats on eBay, a website where you can buy and sell used things.

* **(to be) on edge**

**→** nervous; irritable

EXAMPLE 1: Whenever Susan feels **on edge**, she takes several deep breaths and starts to feel more relaxed.

EXAMPLE 2: Ever since his car accident, Neil has felt **on edge**.

* **out of this world**

**→** delicious

EXAMPLE 1: Mrs. Field's oatmeal raisin cookies are **out of this world**!

EXAMPLE 2: Mmmm, I love your chicken soup. It's **out of this world**!

* **(to) pig out**

**→** to eat greedily; to stuff oneself

EXAMPLE 1: Ted **pigged out** on hot dogs and hamburgers at the barbeque and then got a stomachache.

EXAMPLE 2: "Nicole, stop **pigging out** on cookies or you'll never be able to eat your dinner!"

NOTE: Pay attention to the preposition "on" after the verb "to pig out." One can pig out on hotdogs, pig out on candy, pig out on ice cream.

**Practice The Idioms**

**Choose the best substitute for the phrase or sentence in bold:**

1. Thanks for baking cookies for me. **You've got a heart of gold.**
   * a) You're a very nice person.
   * b) You're a reliable person.
   * c) You're very generous with your money.
2. I baked these cookies for you. **Why don't you pig out?**
   * a) Please take just one cookie.
   * b) Take as many cookies as you like.
   * c) Why don't you ever eat my cookies?
3. I know you'll like my cookies since **you've got a sweet tooth.**
   * a) your teeth are hurting
   * b) you don't like sweet things
   * c) you like sweet things
4. **You should go into business selling cookies.**
   * a) You should go to the store and buy some cookies.
   * b) You should try to get a job baking cookies.
   * c) You should start a company that sells cookies.
5. I baked these cookies. **Help yourself!**
   * a) Let me get you one!
   * b) Take some!
   * c) You need to get some help!
6. If you went into business selling these delicious cookies, **you'd make a bundle.**
   * a) you'd make many cookies
   * b) you'd make a lot of money
   * c) you'd make a few dollars
7. **Good thinking!**
   * a) That's a good idea!
   * b) It's good that you're thinking!
   * c) Keep thinking good thoughts!
8. I was thirsty. This iced tea is **just what the doctor ordered.**
   * a) exactly what I needed
   * b) very healthy for me
   * c) exactly what my doctor recommended